

Seasons of Hope

St. George Parish Bereavement Ministry is offering a
Faith Sharing Bereavement Group
(six week sessions)

Choose to attend one of the following ONLINE groups:

WEDNESDAY
(mornings)

March 3 - April 7

10:00 am - 11:30 am

Limited to six (6) spots

WEDNESDAY
(evenings)

March 3 - April 7

7:00 pm - 8:30 pm

Limited to six (6) spots

"At the death of a loved one - in this time of sadness and sorrow - our Catholic parishes continue to be a place of hospitality and comfort for the bereaved. Seasons of Hope provides parishes a way to walk with hurting families beyond the Mass of Christian Burial, luncheons, and receptions."

*~ Most Rev. John G. Vlazny, Archbishop of
Portland*



"Set in the context of the faith community Seasons of Hope is a well organized, prayerful, reverent, and Christ-centered approach to assist persons through the pain of mourning."

*~ Mary Ann Wachtel, PhD, SFCC, Executive
Director National Catholic Ministry to the
Bereaved*

"Compassion asks us to go where it hurts, to enter into the places of pain, to share in brokenness, fear, confusion and anguish." ~ Henri J.M. Nouwen

If the death of a loved one has left you feeling broken-hearted or alone in your grief, we are here to help.

SEASONS OF HOPE offers the bereaved an opportunity to come together to share in God's love. With the support of the faith community, we can give voice to our unique journeys of grief. The program helps participants navigate the grief process while being guided toward a path of healing. It explores mourning through scripture, prayer, personal reflection, faith sharing and is facilitated by our Bereavement Ministry. Come and be comforted. **SEASONS OF HOPE** is offered four times a year with a new series each season. Attend one season or as many seasons as needed to help in your healing journey.

REGISTER ONLINE AT www.stgeorgelondon.ca

For more details contact Bereavement Ministry Coordinator: stgbereavementministry@stgeorgelondon.ca

